

Spiritual Communion Prayer
Prayed by Mother Adela during Mass in Two Hearts Chapel
(translated from Spanish)
March 15, 2020

Lord, we give You thanks for the gift of the Eucharist, and we recognize the great gift of Your real and sacramental Presence in the Eucharist: Your Body, Blood, Soul, and Divinity. Lord, at this moment, all those who cannot receive You sacramentally can receive You spiritually. I invite all who are watching through the transmission that we unite at this moment to the Immaculate Heart of our Mother. We ask Jesus to come to us, if not sacramentally, spiritually to our hearts. That His Presence transform, strengthen, heal us, guide and lead us. That His spiritual Presence exercise all of its power, its effects that perhaps we cannot receive through the Sacrament. Lord Jesus, come to us, to the home of our hearts like You came to the Heart and Womb of Our Lady. We receive You with the same love, and we give You thanks for the gift of the Eucharist that today we receive spiritually. Amen.

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For all those who cannot receive You sacramentally, but through the means of communication, you are connected in this moment to the celebration of the Holy Mass. We want to present each one of them to You, Lord, here on the altar. And we ask each one of you to unite your hearts to the Blessed Virgin Mary, so that like Her, you may receive the Presence of Christ in a spiritual way since you cannot receive the Lord sacramentally.

Come, Lord Jesus, to our hearts, with the potency of Your love; heal us and deliver us by the power Presence of your Holy Spirit. That spiritual reception of the Holy Eucharist may be for us nourishment, strength, patience, wisdom, prudence, but above all, Lord, that it may draw us closer to You, that we may look more like You, that it may cause all the effects in our souls—the effects that would be caused if we received You sacramentally since we cannot receive You, not because we have decided to, but because the realities impede us. Come to our hearts, Lord Jesus. Amen.

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(parts in brackets were translated from Spanish)
March 17, 2020

[Lord, how many of us cannot receive You sacramentally, but the love of our heart makes us open our hearts fully to receive You spiritually.] Lord Jesus, many of us cannot receive You

sacramentally, but our hearts are enflamed with love for the Sacrament of the Eucharist. Even though we cannot receive You in the consecrated Host, we receive You spiritually, Lord. We make a spiritual communion, uniting our hearts to Your Heart, allowing Your Heart to touch and transform our hearts, to heal us and deliver us, to elevate us to holiness and conversion. For those of us who can receive You sacramentally and those who can't, may we have the same effect: more love for You in the Eucharist, more reparation for all the offenses against You in the Eucharist, for all those who do not believe in the Real Presence. That we may receive You whether it is spiritually or sacramentally, like the children of Fatima, loving for those who do not love You, adoring You for those who do not adore You, hoping for those who do not hope, believing for those who do not believe. Come to our hearts, O Lord, and give us Your Heart. Amen.